

ECCO Journal

We created the Ikos Eco Journal, as we wanted to share our story of developing a more sustainable holiday experience, as well as offering insights and inspiring ideas on environmental matters. We hope you enjoy it. Feel free to share your thoughts with us too!

IKOS INITIATIVE TO ENDORSE

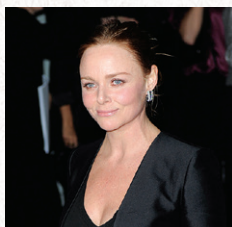
“LESS TO PACK, more TO GIVE”

In an effort to bring a little joy to others by donating, we encourage our guests to place clothes, shoes or toys they no longer need into a dedicated, sustainable “basket” that they will find in their room in all Ikos Resorts. When guests check out, we pick up the items and give them to charity.



GET INSPIRED // FASHION

Stella McCartney was a pioneer in embracing eco-fashion. She created the first sustainable luxury fashion house that took a stance against using real leather and fur, preferring instead to adopt innovative, lower-impact fabrics such as lab-grown silk or vegetarian leather made from recycled polyester.



GET INSPIRED // ARCHITECTURE

Every year since 2000, London’s Serpentine Gallery has commissioned a temporary pavilion by a leading architect. For this year’s pavilion, Lina Ghotmeh, the French-Lebanese architect known for designing spaces



that are in dialogue with their natural environment, has used predominantly bio-sourced and low-carbon materials. The design of the space echoes the shape of the surrounding tree canopies.

GET INSPIRED // CIRCULAR ECONOMY

Lefteris Arapakis founded social enterprise Enalia with the aim of engaging local fishermen in Greece and Italy to remove discarded fishing nets and plastic litter from the sea. As well as recycling these materials into items such as socks, Enalia runs projects worldwide from mega cleanups to consultancy & research, with the UN Environment Programme making Lefteris a Young Champion of the Earth 2020 for Europe.



IKOS WORLD OF INSECTS

BEES THAT DANCE INTRIGUINGLY so as to communicate with their hive-mates... dragonflies that fly faster than a bullet... Insects have powers that often surpass our imagination. Step into the Insect Gardens at Ikos Oceania and Ikos Olivia (and soon in all our properties) to witness how these tiny giants sustain life on our planet!

THERE IS NO *better* DESIGNER THAN NATURE
AND SUSTAINABILITY IS THE WISEST *blueprint*
FOR A *more* FAIR, JUST AND BEAUTIFUL WORLD

HOW CAN WE LESSEN OUR CARBON FOOTPRINT WHILE ON HOLIDAY?

Here are 5 easy steps

JOIN US IN OUR COMMITMENT TO SUSTAINABILITY

At Ikos Resorts we strive to create positive impacts in both the environments and communities in which we operate. We have set ambitious targets to reduce our operational environmental footprint, including achieving zero plastic and zero waste-to-landfill by 2024, as well as net zero emissions by 2030.



01 | REDUCE ENERGY AND WATER CONSUMPTION

Simple measures that you can adopt at home as well as on holiday include switching off the air-conditioning when you leave your room; turning off the tap while brushing your teeth; and taking shorter showers if you can.

02 | CHOOSE LOCAL

Minimise food miles and enjoy the local, seasonal tastes and treats on our menus. At Ikos Resorts, we aim to source over 50% of the ingredients and products that we use from local or national producers.

03 | REDUCE PLASTIC WASTE

Switching single-use plastic bottles for a refillable water bottle can save an average of 77 kg of plastic waste per person, per year. That's a big change - especially with plastic bottles thought to take 500 years to decompose naturally. We are committed to ridding our resorts of single-use plastic by the end of 2024, both front and back of house.

04 | RE-USE YOUR TOWELS RATHER THAN GETTING NEW ONES EVERY DAY

Washing 10 kg of towels consumes at least 50 litres of water. By being mindful of your beach and room towel use, you can help us save water and energy.

05 | CHECK OUT THE LOCAL SCENE

Make sure to venture out to experience local restaurants and services. We make this easy through our dine-around programme, which allows you to enhance your holiday with local food and culture while also spreading the benefits of your visit throughout the wider community.



FACTS & FIGURES ON

biodiversity

— It is estimated that marine environments support approximately 200,000 known species, but the actual number could be much higher.

— The Mediterranean Sea is renowned for its rich marine biodiversity. It hosts approximately 7-9% of the world's marine species, despite covering only 0.8% of the global ocean surface area.

— Spain has an extensive network of protected areas to conserve its natural heritage. Around 27% of Spain's land area is covered by these protected areas, providing shelter for numerous plant and animal species.

— Greece is recognized as one of the most biodiverse countries in Europe. It is home to approximately 6,000 plant species, with 25% of them being endemic.

— We are living through the sixth mass species extinction, after the dinosaurs were wiped out during the fifth mass extinction. Species on our planet are disappearing at an alarming rate. It's more important than ever to protect our biodiversity.



did you know?

01
We are carbon neutral and source 100% renewable electricity for our resorts, as well as producing our own renewable energy on site.

02
We use AI technology to reduce food waste in our kitchens and source over 56% of products from local farmers, small businesses and cooperatives.

03
We have drastically cut down on single-use plastic and recycled more than 400 tonnes of materials in the last year.

04
More than 1,400 guests across all Ikos Resorts have participated in eco excursions.

KIDS ECO CORNER

HOW green ARE YOU?



did YOU KNOW THAT...

... Bees communicate through intricate dance moves called the "waggle dance". This way they tell other bees where the nectar-rich flowers are.

... Octopuses are highly intelligent creatures. They can solve puzzles and even escape from captivity.

... Some bird species migrate thousands of miles to find food and suitable breeding grounds. They have incredible navigation skills.



ILLUSTRATION@WORKROOMBLUE

• COLOUR AND HELP JOHNNY

Save the Planet!



WHAT IS THE MEANING OF THE THREE R'S IN SUSTAINABILITY?

- A. Running, Reading, Riding
- B. Rainbows, Rivers, Recycling
- C. Reduce, Reuse, Recycle

WHICH OF THE FOLLOWING IS AN EXAMPLE OF CONSERVING WATER AT HOME?

- A. Taking long showers
- B. Leaving the faucet running while brushing teeth
- C. Collecting rainwater for plants

WHAT DOES "CARBON FOOTPRINT" MEAN?

- A. A foot-shaped carbon sticker
- B. A footprint made of carbon material
- C. The amount of carbon dioxide released into the atmosphere from our activities

WHAT IS A SUSTAINABLE MATERIAL FOR MAKING BAGS INSTEAD OF USING PLASTIC?

- A. Bubble wrap
- B. Paper
- C. Cotton

WHAT CAN YOU DO TO HELP PROTECT ENDANGERED SPECIES?

- A. Capture them and keep them as pets
- B. Not much...
- C. Support organisations that protect nature and wildlife

WHAT COULD YOU DO ON YOUR HOLIDAY TO BE MORE "ECO"?

- A. Learn about local biodiversity
- B. Pick up plastic at the beach if you see it
- C. All of the above!

Please send us your thoughts on our sustainability programme in the online questionnaire upon your departure or at sustainability@ikosresorts.com

ANSWERS: Please note that the correct answers to all the questions are C. So if you have more As, you are "light green". You need to try a little more if you have more Bs, you are "emerald green". Keep up the good work! If you have more Cs, you are "deep green". Congrats!