

DINNER MENU

SEASONS
INSPIRED GLOBAL TASTES

Seasons takes market-fresh produce and seafood, adds herbs and spices from around the world, and marries it all with a delightful splash of inspiration. The result is our à la carte menu starring Mediterranean dishes touched with aromatic Asian flavours and vibrant Latin American influences.

STARTERS

<i>VG</i>	Tomato gazpacho, summer flavors, olive oil	22€
	<i>Gazpacho de tomate, sabores de verano, aceite de oliva</i>	
	<i>Томатный гаспачо, летние ароматы, оливковое масло</i>	
<i>VG</i>	Guacamole with pistachio, jalapeno peppers and crunchy tortillas	19€
	<i>Guacamole con pistacho, chiles jalapeños y tortillas crujientes</i>	
	<i>Гуакамоле с фисташками, перцем халапеньо и хрустящими тортильями</i>	
<i>V</i>	Burrata with summer stone fruits and lime	20€
<i>GF*</i>	<i>Burrata con frutas de hueso de verano y lima</i>	
	<i>Буррата с летними косточковыми фруктами и лаймом</i>	
<i>V</i>	Tomato salad with mango and avocado	20€
	<i>Ensalada de tomate con mango y aguacate</i>	
	<i>Салат из помидоров с манго и авокадо</i>	
<i>VG</i>	Super Food Salad with quinoa, cabbage, kale, pumpkin seeds, avocado and edamame	16€
<i>GF*</i>	<i>Ensalada de superalimentos con quinoa, col, col rizada, semillas de calabaza, aguacate y edamame</i>	
	<i>Салат из суперфудов с киноа, капустой, кейлом, тыквенными семечками, авокадо и эдамаме</i>	
<i>DF</i>	Sea bass ceviche, watermelon, serrano chili, avocado and cilantro	16€
	<i>Ceviche de corvina, sandía, chile serrano, aguacate y cilantro</i>	
	<i>Севиче из морского окуня, арбуз, чили серрано, авокадо и кинзы</i>	

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STARTERS

DF	Tuna tartar, avocado, spicy radish, ginger marinade <i>Tartar de atún, aguacate, rábano picante, marinada de jengibre</i> <i>Тартар из тунца, авокадо, острый редис, имбирный маринад</i>	22€
DF	Crispy shrimp satay with mango chutney <i>Satay de gambas crujientes con chutney de mango</i> <i>Хрустящие креветки сатэ с манговым чатни</i>	22€
	Spiced chicken samosas with coriander sauce <i>Samosas de pollo especiadas con salsa de cilantro</i> <i>Самосы из курицы со специями и соусом из кориандра</i>	22€
V	Black truffle pizza with fontina cheese <i>Pizza de trufa negra con queso fontina</i> <i>Пицца с черным трюфелем и сыром фонтина</i>	22€
DF	Spicy salmon with crispy rice <i>Salmón picante con arroz crujiente</i> <i>Пряный лосось с хрустящим рисом</i>	22€

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MAIN COURSES

Spinach risotto with scallops, yuzu mayo and crispy chili oil 18€

Risotto de espinacas con vieiras, mayonesa de yuzu y aceite de chile crujiente

Ризотто из шпината с морскими гребешками, майонезом юдзу и хрустящим маслом чили

VG GF* Oven roasted cauliflower with couscous, tahini sauce and dukkah 18€

Coliflor asada al horno con cuscús de coliflor, tzatziki de menta verde y dukkah

Запеченная в духовке цветная капуста с кускусом из цветной капусты, мятным цацики и дуккой

Spiced crusted sea bass, sweet and sour broth and vegetables 18€

Lubina en costra especiada, caldo agridulce y verduras

Морской окунь в корочке со специями, кисло-сладкий бульон и овощи

DF Roasted cod, summer zucchini, Aleppo pepper, shiitake mushrooms and sweet garlic broth 16€

Bacalao asado, calabacín de verano, pimiento de Alepo, setas shiitake y caldo de ajo dulce

Обжаренная треска, летние цукини, алеппский перец, грибы шиитаке и сладкий чесночный бульон

Sesame crusted salmon, heirloom tomatoes, and miso yuzu broth, served with ginger rice Salmón en costra de sésamo, tomates de cosecha propia y caldo de miso yuzu, servido con arroz al jengibre

Лосось в кунжутной корочке, помидоры из местных сортов и бульон мисо с юдзу, подается с имбирным рисом

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MAIN COURSES

**Casarecce Pasta with seafood, bouillabaisse sauce
and tomato-cashe nuts pesto**

18€

*Casarecce Pasta con marisco, salsa bullabesa y pesto de
tomate y nueces de calabaza*

*Паста Casarecce с морепродуктами, соусом буйабес и
томатно-кашемировым песто*

**Pan roasted pork bracolina with kimchi, crispy
panko, and corn crème**

18€

*Bracolina de cerdo a la sartén con kimchi, panko
crujiente y crema de maíz*

*Браколина из свинины, обжаренной на сковороде, с
кимчи, хрустящим панко и кукурузным кремом*

**Parmesan crusted chicken, baby artichokes, basil-
lemon sauce**

16€

*Pollo con costra de parmesano, alcachofas baby, salsa de
albahaca y limón*

*Курица в корочке из пармезана, артишоки,
базиликово-лимонный соус*

**Pepper crusted beef tenderloin, carrot with miso
mustard sauce**

18€

*Solomillo de ternera en costra de pimienta, zanahoria con
salsa de miso y mostaza*

*Говяжья вырезка в перцовой корочке, морковь с мисо-
горчичным соусом*

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DESSERTS

	Cheesecake a la crème fraîche, with forest fruits	
V	<i>Tarta de queso a la crème fraîche, con frutas del bosque</i>	23€
	<i>Чизкейк а-ля крем-фрайш, с лесными фруктами</i>	
V	Sticky toffee pudding with vanilla ice cream and caramelized pop corn	22€
	<i>Pudín de caramelo pegajoso con helado de vainilla y palomitas caramelizadas</i>	
	<i>Пудинг «Липкие ириски» с ванильным мороженым и карамелизированным поп-корном</i>	
V	Profiterole Gianduja	21€
	<i>Profiterole Gianduja</i>	
	<i>Профитроли Gianduja</i>	
VG	Caramelized apple with passion fruit and raspberry	21€
GF*	<i>Manzana caramelizada con fruta de la pasión y frambuesa</i>	
	<i>Карамелизированное яблоко с маракуйей и малиной</i>	

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DESSERTS

VG	Fresh fruit salad <i>Ensalada de fruta fresca</i> <i>Салат из свежих фруктов</i>	12€
V	Ice cream selection (Vanilla, chocolate, strawberry, banana) <i>Selección de helados</i> <i>(Vainilla, chocolate, fresa, plátano)</i> <i>Выбор мороженого</i> <i>(Ванильное, шоколадное, клубничное, банановое)</i>	3€
VG	Sorbet selection (Lime, mango, apple) <i>Selección de sorbetes</i> <i>(lima, mango, manzana)</i> <i>Выбор сорбета</i> <i>(Лайм, манго, яблоко)</i>	5€

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Vegan Menu

STARTERS

**Tomato gazpacho with summer vegetables,
berries and olive oil** 14€

*Gazpacho de tomate con verduras de verano,
bayas y aceite de oliva*

*Томатный гаспачо с летними овощами,
ягодами и оливковым маслом*

**Guacamole with pistachio, jalapeno peppers
and crunchy tortillas** 14€

*Guacamole con pistacho, chiles jalapeños y tortillas
crujientes*

*Гуакамоле с фисташками, перцем халапеньо и
хрустящими тортильями*

**Tomato salad with mango, avocado,
Jalapeno peppers and Carasau bread** 14€

*Ensalada de tomate con mango, aguacate, chiles
jalapeños y pan Carasau*

*Салат из помидоров с манго, авокадо, перцем
халапеньо и хлебом карасау*

**GF* Super Food Salad with quinoa, cabbage,
kale, pumpkin seeds, avocado and edamame
cucumber** 14€

*Ensalada Super Food con quinoa, col, col rizada,
semillas de calabaza, aguacate y pepino edamame*

*Салат из суперфудов с киноа, капустой, кейлом,
тыквенными семечками, авокадо и огурцом
эдамаме*

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Vegan Menu

MAIN COURSES

**Spinach risotto with mushrooms, yuzu mayo
and crispy chili oil**

14€

*Risotto de espinacas con champiñones, mayonesa de
yuzu y aceite de chile crujiente*

*Ризотто из шпината с грибами, майонезом юдзу и
хрустящим маслом чили*

**GF* Oven roasted cauliflower with cauliflower
couscous, spearmint tzatziki and dukkah** 18€

*Coliflor asada al horno con cuscús de coliflor, tzatziki
de menta verde y dukkah*

*Запеченная в духовке цветная капуста с кускусом
из цветной капусты, мятным цацики и дуккой*

**Casarecce Pasta with seasonal vegetables and
tomato-cashew pesto** 18€

*Casarecce Pasta con verduras de temporada y pesto de
tomate y anacardos*

*Паста Casarecce с сезонными овощами и
томатно-кешью песто*

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Vegan Menu

DESSERTS

<i>VG</i>	Caramelized apple with passion fruit and raspberry	14€
<i>GF*</i>	<i>Manzana caramelizada con fruta de la pasión y frambuesa</i>	
	<i>Карамелизированное яблоко с маракуйей и малиной</i>	
	Fresh fruit salad	10€
	<i>Ensalada de fruta fresca</i>	
	<i>Салат из свежих фруктов</i>	
	Sorbet selection	5€
	(Lime, mango, apple)	
	<i>Selección de sorbetes</i>	
	<i>(lima, mango, manzana)</i>	
	<i>Выбор сорбета</i>	
	<i>(Лайм, манго, яблоко)</i>	

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Kids Menu

TODDLER'S MENU

<i>VG</i>	Cream of green vegetables and olive oil	10€
<i>GF*</i>	<i>Crema de verduras verdes y aceite de oliva</i>	
	<i>Крем из зеленых овощей с оливковым маслом</i>	
<i>DF</i>	Cream of chicken, potato, carrots and celery	10€
<i>GF*</i>	<i>Crema de pollo, patata, zanahoria y apio</i>	
	<i>Куриный крем, картофель, морковь и сельдерей</i>	
<i>DF</i>	Cream of poached fish fillet, zucchini, carrots and potatoes	10€
<i>GF*</i>	<i>Crema de filete de pescado escalfado, calabacín, zanahorias y patatas</i>	
	<i>Рыбное филе с кремом, цукини, морковь и картофель</i>	
<i>VG</i>	Cream of seasonal fruits	10€
<i>GF*</i>	<i>Crema de frutas de temporada</i>	
	<i>Крем из сезонных фруктов</i>	

All of our "Toddler's menu" choices have been prepared with fresh ingredients & virgin olive oil with no salt or pepper added.

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Kids Menu

STARTERS

V	Tomato salad with mango and avocado	10€
	<i>Ensalada de tomate con mango y aguacate</i>	
	<i>Салат из помидоров с манго и авокадо</i>	
V	Kids spring rolls with sweet chili sauce	10€
	<i>Rollitos de primavera para niños con salsa de chile dulce</i>	
	<i>Детские спринг-роллы со сладким соусом чили</i>	
VG	Superfood salad with quinoa, cabbage, kale, pumpkin seeds, avocado and edamame	10€
GF*		
	<i>Ensalada de superalimentos con quinoa, col, col rizada, semillas de calabaza, aguacate y edamame</i>	
	<i>Салат из суперфудов с киноа, капустой, кейлом, тыквенными семечками, авокадо и эдамаме</i>	

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Kids Menu

MAIN COURSES

Sesame-crusted salmon, heirloom tomatoes, and miso yuzu broth served with plain rice	22€
<i>Salmón con costra de sésamo, tomates de cosecha propia y caldo de miso yuzu servido con arroz normal</i>	
<i>Лосось, обжаренный в кунжуте, помидоры, выращенные в домашних условиях, и бульон мисо с юдзу, подается с обычным рисом</i>	
Parmesan-crusted chicken, baby artichokes, basil-lemon	19€
<i>Pollo en costra de parmesano, alcachofas baby, albahaca-limón</i>	
<i>Курица с корочкой из пармезана, артишоки, базилик и лимон</i>	
Casarecce pasta with seasonal vegetables	20€
<i>Pasta casarecce con verduras de temporada</i>	
<i>Паста Casarecce с сезонными овощами</i>	
Kids beef burger with tomato, lettuce, cheddar cheese and french fries	20€
<i>Hamburguesa infantil de ternera con tomate, lechuga, queso cheddar y patatas fritas</i>	
<i>Детский говяжий бургер с помидором, салатом-латуком, сыром чеддер и картофелем фри</i>	
V Pizza margarita with mozzarella and tomato sauce	20€
<i>Pizza margarita con mozzarella y salsa de tomate</i>	
<i>Пицца «Маргарита» с моцареллой и томатным соусом</i>	
Penne pasta with tomato or Bolognese sauce	18€
<i>Pasta penne con salsa de tomate o boloñesa</i>	
<i>Паста Пенне с томатным или болонским соусом</i>	
Fish croquets with fries	18€
<i>Croquetas de pescado con patatas fritas</i>	
<i>Рыбные крокеты с картофелем фри</i>	
Chicken nuggets with fries	18€
<i>Nuggets de pollo con patatas fritas</i>	
<i>Куриные наггетсы с картофелем фри</i>	

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Kids Menu

DESSERTS

V	Profiterole Gianduja <i>Profiterole Gianduja</i> <i>Профитроли Gianduja</i>	14€
VG	Kids fruit salad	10€
GF	<i>Ensalada de frutas para niños</i> <i>Детский фруктовый салат</i>	
GF	Ice cream selection (Vanilla, chocolate, strawberry, banana) <i>Selección de helados</i> <i>(Vainilla, chocolate, fresa, plátano)</i> <i>Выбор мороженого</i> <i>(Ванильное, шоколадное, клубничное, банановое)</i>	3€
GF	Sorbet selection (Lime, mango, apple) <i>Selección de sorbetes</i> <i>(lima, mango, manzana)</i> <i>Выбор сорбета</i> <i>(Лайм, манго, яблоко)</i>	5€

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